

Independence Mental Health Institute



Purpose

Independence Mental Health Institute (MHI) is one of Iowa's two mental health institutes providing short term psychiatric treatment and care for severe symptoms of mental illness. Independence has 40 adult beds, 20 child/adolescent beds, and 15 Psychiatric Medical Institution for Children beds.

Who Is Helped

Independence provides inpatient psychiatric services to children, adolescents and adults.

93 percent of the adult and 95 percent of the children and adolescent patients were involuntarily admitted in SFY15.

Individuals who are involuntarily committed for psychiatric treatment have been determined by the court to be a danger to themselves or others because of their symptoms of mental illness.

In SFY15:

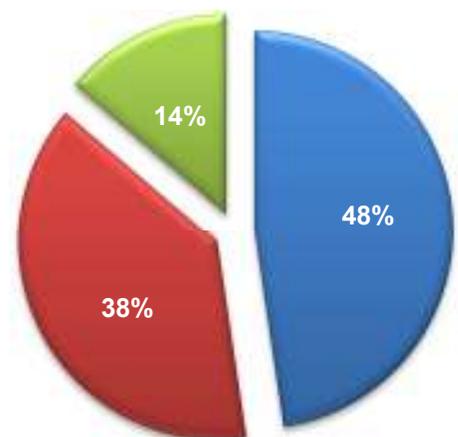
- 203 admissions
- 254 total served:
 - 121 adult psychiatric
 - 98 child and adolescent
 - 35 PMIC

The average adult patient is a 42-year-old male who is involuntarily admitted. The average length of stay is 126 days.

The average child/adolescent served in the inpatient program is a 14-year-old female who is involuntarily admitted. The average length of stay is 34 days.

Number Served in SFY15

- Adult Psychiatric Program (48%)
- Child and Adolescent Program (38%)
- PMIC (14%)



- ✓ *Independence has a total of 40 adult psychiatric and 20 child/adolescent beds or 8 percent of the 711 inpatient community psychiatric beds in the state.*
- ✓ *Independence served 22.5 percent of the total Mental Health Institute adult admissions in SFY15.*
- ✓ *Independence served 21 percent of the total Mental Health Institute child/adolescent admissions in SFY15.*

Services

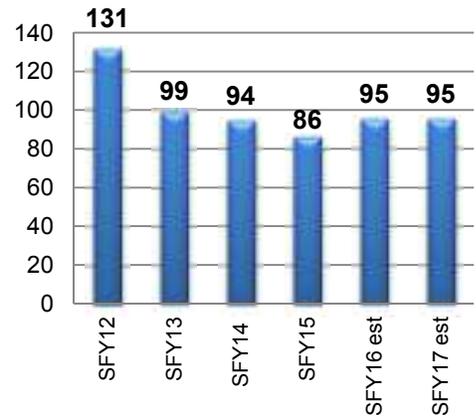
Adult Acute Psychiatric Services

- 40 inpatient beds.
- 24-hour psychiatric treatment and mental health habilitation.

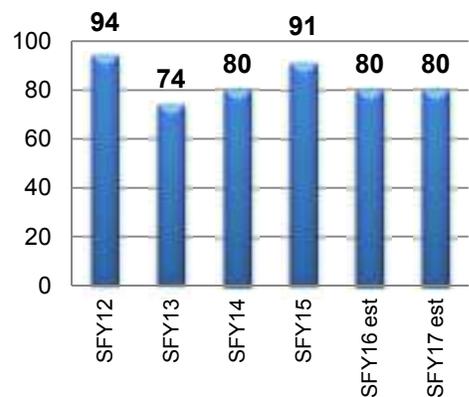
Inpatient Psychiatric Services for Children and Adolescents

- 20 inpatient beds.
- 24-hour psychiatric treatment and mental health habilitation.
- Academic continuance through the MHI school.

Adult Psychiatric Admissions



Children and Adolescent Psychiatric Admissions



- ✓ *Independence is accredited by The Joint Commission.*
- ✓ *43 percent (101 FTEs) of the staff are direct care, 19 percent (45 FTEs) are professional and treatment professionals, 6 percent (13 FTEs) are educational, 7 percent (17 FTEs) are maintenance, 15 percent (33 FTEs) are other support staff, and 10 percent (24 FTEs) are administrative.*
- ✓ *In SFY16, 84.6 percent of the Independence MHI operating budget is for staffing costs and 15.4 percent is for the support costs.*
- ✓ *4 main buildings on 276.60 acres (76.9 acres managed by Iowa Prison Industries.)*

Goals & Strategies	<p>Goal: Promote Iowa's Behavioral Health Status.</p> <p>Strategy:</p> <ul style="list-style-type: none"> • Improve the level of functioning of individuals served • Reduce the use of restraint and seclusion • Provide quality discharge planning to reduce readmission rate. 	<p>Results SFY15</p> <ul style="list-style-type: none"> • 100 percent of children, adolescent and adult patients showed improvement in ability to function as measured by the Global Assessment of Functioning (GAF). • 99 percent of adults were not readmitted within 30 days of discharge. • 1 hour 21 minutes of restraint are used per 1,000 hours of adult patient hours. 1 hour 3 minutes of restraint are used per 1,000 hours child /adolescent inpatient hours.
Legal Basis	<p>State:</p> <ul style="list-style-type: none"> • Code of Iowa, Chapters 125, 217, 218, 225C, 226, 229, 230, 812 • Iowa Administrative Code, 441 IAC 28 and 29 	